



WORLD GYM NORTH BAY- RE OPENING INFORMATION

Reopening Friday, July 16th

First Payment: Friday, July 16th

Reminder: Staff will not be in the facility until we open to answer emails, calls or inquiries. Please understand once we open, we will be receiving a high volume of calls, emails and questions. We appreciate your patience as it may take 3-5 business days to get back to you. We will answer all inquires as soon as we can. We appreciate your respect and patience towards our staff.

Temporary Gym Hours:

Monday – Friday
5:00am - 10:00pm

Saturday – Sunday
9:00am - 4:00pm

Opening With:

- ✓ 50% Capacity
- ✓ Bookings NOT required
- ✓ Showers & Changerooms Open
 - ✓ Tanning Open
 - ✓ HydroMassage Open
- ✓ Classes will resume the week of July 19th

Masking Requirements

When to wear a mask:

- ✓ While entering the facility
 - ✓ In the changeroom
 - ✓ In between equipment
 - ✓ At the front desk
 - ✓ In common areas

When NOT wear a mask:

X While in the physical act of exercising (on cardio equipment and while you are sitting on a machine exercising)



Health & Safety

- Must remain 6 feet apart at all times
 - No group workouts (including your guest & family members)
 - Facility will be set up socially distanced 6ft apart as you last saw it
- Please respect all signage & closed machines to allow for proper distancing
 - Members must sign in & out for contact tracing purposes
- Saunas will not be open at this time as we cannot remain 6 ft apart from others

Guest Passes

- No group workouts allowed. You will NOT be allowed to workout with your guest and must remain 6ft apart at all times.
NO EXCEPTIONS.
We understand your guest may be your family member or cohort but other members and the health department does not know this. Until the government lifts the 6ft rule, this policy will apply
 - Guests MUST provide VALID government ID to use the facility

Personal Training

If you had previously purchased Personal Training, your trainer will be in contact with you to discuss your current agreement. Please wait for your trainer to reach out to you!

If you would like to purchase Personal Training, please speak with one of our staff members in the facility.

Banking Information

If your credit card has expired or your banking information needs to be updated, please contact the facility immediately. You can email accounts@worldgymnorthbay.com and title the email "Update Banking Info" these will be a priority email.

Holds/Cancellations

We will be experiencing a very high volume of inquires when we open. Please contact the facility via phone or email and allow for 3-5 business days for a response. We will be responding in order to all inquires and will honour the originally inquiry date.